

# CSFTA FT Course Setting Guidance, v2

## Course Setting Rules

- All targets should be clearly visible down to a height of 21cm as measured at the centre of the gate.
- Targets are to have:
  - Yellow faceplates with black hit-zones, or
  - Black faceplates with yellow hit-zones, or
  - White faceplates with black hit-zones, or
  - Black faceplates with white hit-zones
  - Royal Blue faceplate (only one colour blue may be used on a course, use 'dell' logo as an example blue) with white hit-zones.
- Reduced (25mm) and Mini (15mm) hit-zones
  - 7 in total allowed (2x15mm and 5x25mm) includes no more than 2 x 25mm for positionals: so 1 out of 4 standing, 1 out of 4 kneeling
  - Max of two 15mm to max distance of 25yds.
  - 15mm targets should be positioned no more than +/- 2metres from the feet of the competitor standing at the gate.
  - 15mm hit zones are only allowed on freestyle (not discipline lanes)
  - All other reduced diameter hit-zones shall be 25mm, a maximum of 5 set out to maximum of 35 yds.
- Discipline targets (enforced kneeling or standing lanes)
  - Only one target in enforced kneeling or standing lanes may be 25mm hit zone set to a maximum distance of 20yds.
  - All targets in enforced kneeling or standing lanes should be to maximum distance of 45 yds.
  - The combined distance of the two targets in enforced kneeling or standing lanes may not exceed 70yds for kneeling or 60yds for standing.
  - The ground at the gate needs to be level and flat (not sloping)
  - The targets need to be visible from seated, kneeling and standing positions to allow for open shooters or those who are not able to kneel.
- For a balanced course, targets should be equally split between distances as suggested below:
  - ⇨ 8 targets = 20% @ 10-29yds (9-28m)
  - ⇨ 8 targets = 20% @ 30-39yds (29m-35m)
  - 8 targets = 20% @ 40-49yds (36-44m)
  - 8 targets = 20% @ 50-55yds (45-50m)
  - 8 targets = 20% @ discipline (kneeling and standing)
- Targets should be numbered clearly at the gate and as close to the target as possible.
- Wherever possible, targets should not be positioned where the low winter sun may be directly behind them.
- Any target 20yds or nearer should be parallel to the firing line.
- The ground should be level at the gate and take into consideration shooter comfort and also thought for left-handed shooters. A left-handed shooter has a different viewpoint and position than a right handed shooter.
- The firing line should be at waist height between lanes and at ground level inside them.

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## Course Setting Checklist

Clubs and FT Comp Secretary to use the following as a checklist to ensure the course is set to the guidance overleaf and will be checked on the day of the shoot. The course check assumes all of the rules have been adhered to, but in particular the following items.

**Note, if the answer is No to any of these then please rectify before the shoot. We all appreciate that moving targets/lanes on the day of the shoot is far from ideal.**

**Club, Round, Date:** .....

See example below:

<i>Discipline Lanes example</i>	<i>Target No./s</i>	<i>Reducer Y/N (size mm)</i>	<i>Distance (45yd max)</i>	<i>Combined distance (70yd K, 60yd S max)</i>	<i>Target visible from standing, kneeling and seated? Y/N</i>	<i>Notes by FT sec</i>
Standing lane 1	17	Y 25	21	61	Y	25mm should be under 20 yds, move target or gate
	18	N	40		N	Foliage in sightline from seated position
Is the gate ground flat and level? If not, move gate or swap for another lane						

<b>Discipline Lanes</b>	<b>Target No./s</b>	<b>Reducer Y/N (size mm)</b>	<b>Distance (45 yd max)</b>	<b>Combined distance (70yd K, 60yd S max)</b>	<b>Target visible from standing, kneeling and seated? Y/N</b>	<b>Notes by FT sec</b>
Standing lane 1						
Is the gate ground flat and level? If not, move gate or swap for another lane						
Standing lane 2						
Is the gate ground flat and level? If not, move gate or swap for another lane						
Kneeling lane 1						
Is the gate ground flat and level? If not, move gate or swap for another lane						
Kneeling lane 2						
Is the gate ground flat and level? If not, move gate or swap for another lane						

<b>General</b>	<b>Y/N</b>	<b>Notes by FT sec</b>	<b>Target No.</b>
Are minis (15mm) no higher or lower than 2m from ground height at the gate?			
Are targets at 20yds or less parallel to the gate?			
Per lane, are targets within a 90° angle of each other?			
Are all targets visible by left and right handers?			
Are there no more than 7 reduced kill zone targets (25+15mm)? - Includes no more than 2 x 25mm for positionals: 1 out of 4 standing, 1 out of 4 kneeling			